



# THORZT ICY POLES

Treat dehydration associated with heat stress and illness quickly, easily and conveniently with 'Icy Poles' from THORZT.

THORZT Icy Poles taste great and are refreshing - particularly in hot or humid weather conditions.

Each icy pole contains the THORZT specialised electrolyte formula including Sodium, Potassium and Magnesium developed by athletes, committed to finding solutions to occupational dehydration.

- Low in sugar.
- Caffeine and gluten free.
- THORZT Icy Poles are a soothing way to rehydrate.
- 10 Pack containing all 5 Thorzts flavours - Blue Lemonade, Lemon Lime, Orange, Tropical, Wild Berry.
- When frozen, simply snap and twist the Icy Pole, breaking it in half.
- 10 x 90ml tubes per pack.

NUTRITIONAL INFORMATION	NUTRITIONAL BREAKDOWN	SERVING PER 90ML	SERVING PER 100ML
	ENERGY	96.3 KJ	107 KJ
FAT-TOTAL<	0.1 GRAMS<	0.1 GRAMS	
-SATURATED	<0.1 GRAMS	<0.1 GRAMS	
CARBOHYDRATES-TOTAL5	.5 GRAMS	6 GRAMS	
-SUGARS4	.5 GRAMS	5 GRAMS	
DIETARY FIBRE	0.3 GRAMS0	.3 GRAMS	
SODIUM	22 MG	24.4 MG	
POTASSIUM	17.1 MG	19.0 MG	
CHLORIDE	33 MG	36.6 MG	
MAGNESIUM	1.4 MG	1.5 MG	

PRODUCT SPECIFICATIONS	
Product Code	TH ICEMIX
Application	Recovery, Firefighter Health
Flavours	Mix of 5 Flavours
Pack Size	Tubes (90ml) x 10